

# Time to Sit

*Psalm 46:10a/Luke 10:38-42*

## **Introduction:**

*Ecclesiastes 2:1-11; 5:10-16*

*Isaiah 26:3; 30:15*

- ▶ **Many of us \_\_\_\_\_ Martha.**
  
- ▶ **But what was her \_\_\_\_\_?**
  - She was “\_\_\_\_\_.”
  
  - By what?
  
- ▶ **We need built-in \_\_\_\_\_ moments in our lives!**
  - What happens if we don't keep balance and perspective in our lives?
  
  - God knew the need . . . *Exodus 20:8-11; Leviticus 23:3*

